



When you need us,  
*just ask.*

WE UNDERSTAND that sometimes even the smallest need can have a big impact on our daily lives. That's why no matter what your needs are, at Presbyterian Manors, we'll help you or your loved one live as independently as possible, with confidence. By encouraging our residents with comfortable surroundings and supportive services, we enable them to stay active and in control. It's the first step toward feeling happier, healthier and more connected.



Topeka Presbyterian Manor  
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[TopekaPresbyterianManor.org](http://TopekaPresbyterianManor.org)



## ASSISTED LIVING



Helping seniors and families  
find solutions.

**Just Ask. Together, we'll find the answers.**

## Together, we can make a real difference.

By assessing each resident's needs, abilities, goals for the future and personal preferences, we work together to create a customized Level of Care Assistance Plan. This plan helps ensure we are doing all we can to enhance everyday life for every resident. And we review these plans on a regular basis, to determine if there's more — *or less* — we should be doing to help them live life the way they want to live.



While providing support, we also encourage the improvement of our residents' abilities to manage tasks. At Presbyterian Manors, within a maintenance-free environment full of friends and neighbors only steps away, you'll find that life is more engaging, and worries about household chores or responsibilities are replaced with more freedom to enjoy each day.



## Covered services include:

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- Three meals daily
- Weekly housekeeping
- Weekly laundry
- Utilities (excluding telephone and Internet)
- Expanded cable TV
- Emergency call system
- 24-hour staff availability
- Activities, health programs and events
- Medication management
- Worship services

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A wide range of additional services are available, including physical, occupational and speech therapy; and respite care. For more information, please call or visit us today.

## We're ready to help.

When someone you love needs help, it's hard enough to know where to look, let alone whom you can trust. What is often an overwhelming process can be easier, given the right resource to lead the way.

At Presbyterian Manors of Mid-America, you won't need to search for solutions. We bring more than 60 years of experience to helping older adults and their families find the freedom, services and, if needed, the care they're looking for. We offer several levels of assisted living with services and support to match individualized needs. You can live securely, with peace of mind for the future. Let us show you how.

**Just ask. Together, we'll find the answers.**

